

Are you a solopreneur or 9-5er?

Worksheet



Questions:

- Are you comfortable working for long stretches by yourself?

 Being a solopreneur can be lonely. Often, you are the only one knowing ins and outs of your business and there is no boss to complain about. You are responsible for what happens and 95% of the time, you are working alone. This either feeds you or makes you want to throw up. Which one best describes you?
- Do you prefer to make your own decisions or follow the lead?

 Believe it or not, many people would much rather simply execute and follow the lead than make their own decisions. For many, deciding about pay, prices, marketing and all other aspects of running your own gig can be mentally exhausting and nauseating. Others want to call their own shots, do their own thing and trust in their own decision making process. If you need freedom to make your own decision and that is super important to you than you should look into being your own boss in one way or another.
- Are you a focused person or do you need structure and accountability to execute?

Since working for yourself doesn't give you a boss, it leaves you without accountability (unless you are part of a mastermind or have a coach). You need to be able to motivate yourself and focus despite the distractions. If you need a gentle kick in the butt and you are no good working on your own, then 9-5 might just be the thing for you.

• Do you enjoy talking about yourself? Do you like selling your ideas to others?

If you want to do your own thing, you better get used to it. You have to be your own spokesperson and your own salesperson. While some people are very good in sales, they may not be good at selling themselves and there is a huge difference there.



Don't judge the answer, embrace it, own it and be proud of who you are, regardless of what anyone says or thinks.

People make themselves wrong for just about everything. We think that everyone else seems to have things figured out and in fact, most of us have no idea what we are doing and why.

We either fell into a job after college without asking why, or we pursued a career we thought we wanted but then something changed.....only, we are still in the same place, or you just follow blindly what people are telling you that you should do.

Whatever it is, having awareness around it is key to making some kind of a change. Unless you know what you want to do and why, you will never know what it feels like to have that inner drive or excitement about the thing we do daily.

Know yourself. Know your strengths. Know your needs. Know your WHY. Only then will you know what you are made of and will be able to create a life you can be proud of.

- Private FB group where you get to ask me questions and get support from fellow dreamers.